

Welcome to WisdomWorld

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(Only the red items are available at this time)

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1. Philosophy: Rules of Life

1.1 [Principle of Honesty => Success & Happiness](#)

1.2 Poor Personalities

2. Investing

2.1 Physics of Investing: Can You Beat the Market?

2.2 Statistics and Distributions

2.3 Stocks, Mutual Funds, and ETFs

3. Cooking Recipes

3.1a Types of Recipes You will Find Here

These recipes are basically Chinese, and chosen because of their simplicity, terrific taste, or novelty. Vegetables are lightly cooked, and each main ingredient is allowed to exhibit its unique taste without being overwhelmed by sauces and spices. They are also low- carb, sugar, sodium, fat, and calorie. They require fresh ingredients and are educational in terms of cooking theory, learning how to identify fresh ingredients, and learning how to use common ingredients in Chinese cooking. Some of the recipes contain information you cannot find anywhere else, such as how to test for fresh eggs and the scientific theory of the stir fry (the dual-activation energy theory).

3.1b Recipe Books

There are plenty of recipe books on the internet, but finding the best ones is quite time consuming. Unfortunately, the reliable classics are mostly out of print, and not much is known about the new ones. [Here](#) are a few suggestions.

3.2 Sauces

Hoisin Sauce

Seasoned Gourmet Rice Vinegar

Black Bean Sauce with Garlic

Oyster Sauce

XO Sauce

3.3 Specials

3.3.1 [Tea Eggs](#)

3.3.2 Soft Tofu (Great summer dish)

3.3.3 Spinach (You won't believe spinach can be this good – Japanese dish)

3.4 Sea Food

3.4.1 Boiled Shellfish (and how to eat them)

Lobsters

Blue Crabs

Dungenes Crabs

Conch

Periwinkles

3.4.2 Ketchup Shrimp

3.5 Stir Fry: [Mathematical Theory of Stirfry](#)

[3.5.1 Tree Ears with Ginger](#)

[3.5.2 Bean Sprouts with Chinese Leek \(Flowers\)](#)

3.6 Poultry

[3.6.1 Mushroom Chicken](#)

[3.6.2 Tiger Lilly Chicken](#)

[3.6.3 Curry Chicken](#)

3.7 Pork

[3.7.1 Steamed Spareribs in Black Bean Sauce](#)

[3.7.2 Simple Pork Chops](#)

4. Horticulture

[4.1 Growing Pineapples and Preparing Them for the Table](#)

[4.2 How to Grow \(Japanese\) Apple Pears](#)

[4.3 Lawn Care: A Weed Free Yard](#), an example of [Project Management](#) (see section 8 at link)

5. Religion

[5.1 What is Religion?](#)

[5.2 How Jesus became God](#)

6. Miscellaneous

[6.1 Learning to Drive](#)

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[6.3 Creating Death Valley Lake](#)

[6.4 Sleep Number Bed by Select Comfort](#)

7. Medical

[7.1 Interpreting Dreams: What Causes Them and Methods for Controlling Them](#)

[7.2 How to Use Your Subconscious Brain](#)

[7.3 Choosing the Sex of Your Baby](#)